

The Gift of a Lifetime Legacy



Rajendra (Raj) and Neelam Kashyap in their Walnut Creek home

A Gift of Compassion

“Time is of the essence” are the words Neelam Kashyap first spoke when I met her at the John Muir Health, Walnut Creek Medical Center in February of this year. Born in India, married for 54 years, and long time residents of Walnut Creek for over 40 years, Neelam and Rajendra (Raj) Kashyap decided to make an estate gift to support the John Muir Health Comprehensive Cancer Center by donating their home.

“Our motivation for making this gift is to inspire others in our community to support John Muir Health and the wonderful care it provides,” shared Raj.

Neelam and Raj’s story is indeed a story of inspiration and compassion. When first diagnosed with cancer, she was given a short time to live. Through the extra-ordinary care she received at JMH, she lived ten years. She would often say, “JMH gave me ten extra years.”

Neelam and Raj’s extraordinary gift is one of the very first gifts to support the construction of a world class comprehensive cancer center in our community.

To learn more about how you can support this effort, please contact the Foundation at 925-947-4449 or email: foundation@givehealthjmh.org.



John Muir Health has helped us tremendously and we hope our gift will help provide comfort to cancer patients at John Muir Health, right here in this community. Our hope is that other cancer patients will not have to travel far to receive the care they need. We invite other people in the community to consider supporting JMH and the care of cancer patients.



Listen to our Podcast about philanthropy and the new tax law:
<https://i.send2press.com/DuPel>

Your Legacy

We invite you to continue the Legacy of Caring provided by John Muir Health by establishing your own Legacy of Giving through your charitable estate plans. We would be happy to help you explore gift options that meet your personal planning and philanthropic goals.

Welcome to Legacy!

Sharing Our Vision and Values—Compassion

Compassion is the cornerstone of the John Muir Health care experience and a key navigation point on our ongoing journey of providing world class patient care. The stated mission of John Muir Health is to improve the health of the community we serve with quality and compassion.

Every day the entire John Muir Health family strives to fulfill this mission, recognizing we have a sacred duty to this community, but also recognizing your legacy of giving has sustained us in advancing this mission in new and innovative ways to meet the health care needs of others.

Thank you for the many ways you have demonstrated that generosity is truly compassion in action. Throughout the pages of this newsletter we hope to celebrate and share with you the spirit of compassion so present among our donor community, inspire you with stories of transformative acts of philanthropy that continue to make a difference in the lives of so many, and perhaps introduce you to some new and beneficial ways of giving.



Michael G. Crvarich, CPA
Vice President
Legacy Giving



Create Your Legacy Gift

Charitable estate planning can be financially beneficial for families and individuals of various ages and income levels. Find out what planning a Legacy Gift to John Muir Health can do for you and your loved ones—now and in the future.

Gifts John Muir Health Can Use Today



IRA Rollover Gifts (see back cover)
Donor Advised Funds
Appreciated Securities

Gifts That Can Pay You Income



Charitable Gift Annuity
Charitable Remainder Trust

Gifts That Take Effect After Your Lifetime



Bequest
Retained Life Estate
Charitable Beneficiary Designations
Retirement Plan
Life Insurance

For more information on how to create a Legacy of Caring and Giving that is meaningful to you and your family, please contact the Office of Legacy Giving at (925) 941-2120 or Michael.Crvarich@givehealthjmh.org.

Your Legacy Matters

Since our last publication of this newsletter, John Muir Health Foundation has received over \$5.5 million in estate gifts from donors who care about this community and want John Muir Health patients to have the best care possible. Through these gifts, their legacy lives on forever in the lives they have touched. We are very grateful and share just a few examples of their generosity below:



Barbara Watson George and her brother.

- An endowment gift from the estate of **Barbara Watson George** was received in May 2019 and will benefit John Muir Health Children's Services in perpetuity.
- Although **Leta Evans** passed away nearly 20 years ago, her estate gift of Texas property with oil and mineral rights continues to generate substantial annual income that allows John Muir Health to advance its mission of world-class care to the community.
- A donation of a partnership interest in a commercial rental real estate building in Santa Clara, CA from the estate of **Arnold and Berdine Buss** continues to generate steady and increasing annual distributions for the benefit of John Muir Health.
- Former Chief of Staff and John Muir Health Foundation Board Member, **Dr. Kathryn "Kate" Bennett**, included JMHF in her estate plans. Upon her death in 2018, a tribute fund was set up to support continuing medical education and training for physician leaders. This endowment continues to grow as the community continues to donate money in honor of Kate.
- **Arline Smith** named the John Muir Health Foundation as a beneficiary of her life insurance policy. Upon her passing these funds provided critical funding for Pulmonary Rehabilitation Services.
- In honor of the incredible career and work of his niece, Lori Turner, who is a retired employee of John Muir Health, **Gene Turner**, established an estate gift for the benefit of Cardiac Rehabilitation Services.

Celebrating Your Legacy

JOHN MUIR HEALTH FOUNDATION
7th ANNUAL LEGACY BRUNCH

Transforming the Patient Experience Through Compassion

Each year the Foundation invites donors who have included John Muir Health in their estate plans to a very special event. This year's annual Legacy Brunch featured three speakers who spoke about generosity and compassion. We were also joined by the Diablo Valley Threshold Choir who often softly serenade our patients. Their performance throughout the event was soothing and helped create a relaxed environment for our special guests.



Michael Cvarich with 12-year-old Angel Duran, a sixth grade student at De La Salle Academy, who raised funds for the Beyond Violence Program at John Muir Health.



Listen to Angel's speech about how **Everyday Counts**.



Ray Greenleaf, Lucie Smith and Victoria Greenleaf



Marge Sterns with guest Margareta Diaz



Diablo Valley Threshold Choir



Patti Jones and Bill Slimak



Marilyn and John Knowles, M.D.

Are You Ready to Rollover for Me?

Under the new tax law, IRA Rollover Gifts continue to be an attractive and popular way to support your favorite charity for individuals 70 ½ and older.

How does it work?

- You must be 70 ½ or older at the time of the distribution
- Transfers must come from your IRA directly to the John Muir Health Foundation. The charitable rollover does not apply to 401(k), 403(b), or other retirement plans

Steps for Making an IRA Rollover Gift to John Muir Health Foundation

- Contact your IRA plan administrator for their specific transmittal form or contact Office of Legacy Planning for assistance.
- For credit in 2019, please make your qualified charitable distribution **on or before December 31, 2019.**

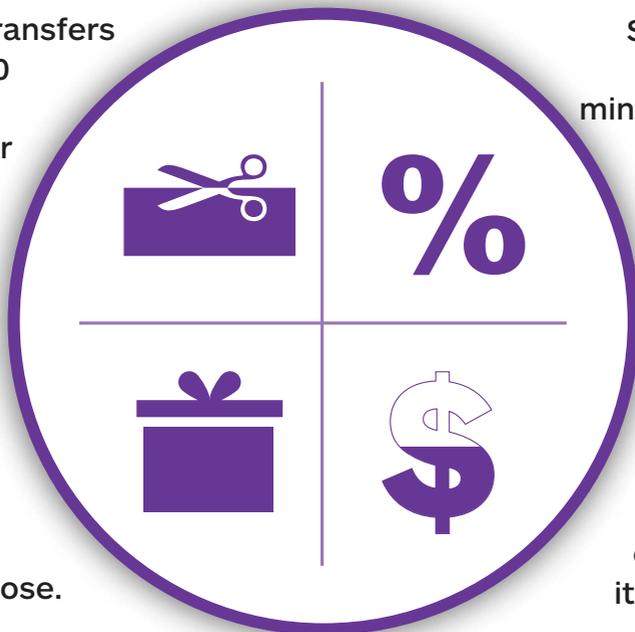


An IRA Rollover Gift is an easy way to support the future of extraordinary compassionate care at John Muir Health.

Advantages of IRA Rollover Gifts

Avoid taxes on transfers of up to \$100,000 from your IRA per calendar year

Make a gift designated for a purpose you choose.



Satisfy some or all of your required minimum distribution from your IRA for the year

Reduce your taxable income, even if you do not itemize deductions